CSA NEWSLETTER

GOODNESS GROWS

Create. Cultivate. Thrive

COME SEE OUR BOARD MEMBER RACHEL FROM 4 - 7 PM ON THURSDAY TO PICK UP YOUR SHARE.

JUST A REMINDER FOR THE END OF THE SEASON

Bi-Weekly Folks - We cannot believe it is your last CSA. Please feel free to stop by to return your baskets anytime. If we are not here, leave them under the awning at the front of the building (facing the road) or bring them to your first CSA pickup next spring. We'd love to have you enjoy the 2027 CSA season with us. Thank you for all your support of what we do here at Goodness Grows!

What GG plans to harvest isn't always what can be harvested. Between the time the email goes out and when basket is packed, some substitutions may occur. So, please be ready for potential changes and enjoy the bounty of the fresh, and sometimes surprising, harvest!

NOTE

If you realize you can't make it during pick up time, please let us know and we will gladly arrange a Friday pick up.

Call or text Rachel at (330) 853-3578

If you need to contact us about your share

IN THIS WEEK'S SHARE

- Kale
- Beans
- Peppers (Hot and Sweet)
- Tomatoes
- Brussel Sprouts
- Cucumber
- Basil
- Lemon Balm
- Mustard Greens
- Flower Bouquet
- Apples from Huffman's
- Rhubarb
- Extra

RECIPES AND TIPS

GREEN BEANS

Green beans are nutritious, slender pods that are eaten worldwide.

CLICK ON THE RECIPE LINKS BELOW TO FIND RECIPES.

SAUTEED GREEN BEANS WITH GARLIC

BELL PEPPERS

Bell peppers are versatile, sweet-tasting fruits that are used as culinary vegetables and come in green, yellow, orange, and red varieties.

CLASSIC STUFFED PEPPERS

ROASTED SWEET PEPPERS

RECIPE PROVIDED BY OUR CSA MEMBER BETH:

TOMATILLO STEW